

8th Swiss OC & SUP Challenge May 11th 2019

26km, Rhine Falls - Eglisau

SUP, OC1/2, SS1/2, K1/2, Seekajak1/2



One of the coolest and most challenging paddle races in Europe is going to be held in Eglisau / Switzerland for the 8th time.

The unique competition starts at Europe's largest waterfall, the famous and breathtaking Rhine Falls (28 meter drop) and takes you to the picturesque village of Eglisau. Around the old town of Rheinau there are 3 barrages where you have to walk and carry the boat, i.e. your leg and back muscles can recover 3 times!

Safety boats accompany you along all legs of the river.
(minimum number of participants: 5)

Race timetable:

11:00 – 12:00	Registration at Rhine Falls (Schlössli Wörth – Neuhausen am Rheinflall)
12:00	Mandatory paddler briefing
12:30	Race start at Rhine Falls for SUP
12:45	Race start at Rhine Falls for OC & Kayak
from 14:30	Arrival in Eglisau

There will be a shuttle bus that takes you back to the Rhine Falls if needed.

Prize Ceremony and Dinner:

approx. 16:00 Prize ceremony and afterwards Dinner at Lochmühle, Eglisau

Accommodation

Inexpensive places to stay overnight: http://www.bnb.ch/index.php?p=liste_regions&r=J

Food/drink during the race

Bring your own food and drinks.

Dinner after the race

Paddlers, friends, family, and staff are kindly invited to a dinner. The dinner is not included in the start fee.

Prizes

The top three in each category (men, women) will receive a prize.

Entry fee

30.- CHF per person.

Security

Every paddler participates at his/her own risk.

Competitors are responsible for their own insurance.

By signing the registration form, paddlers must confirm that they can swim and are going to follow the race rules.

Life jacket is compulsory for all the participants.

There will be motorboats/security boats along the race course in case of an emergency.

However, please help other paddlers in need during the race.

The last paddler on the water will be escorted by a motorboat.

Rules

- Sign the registration form and the waiver
- Attach the start number to the boat (front top left of the boat)
- Attend the paddlers' briefing
- Wear a lifejacket/PFD
- In case of an emergency, you must help other paddlers
- If you need help, wave your arm and your paddle
- If you give up the race, you must call the organizer
- Littering will result in disqualification
- Get in and out of the water only at the marked areas at the barrages
- **Don't paddle beyond the turning point at the Rhine Falls!**

Failure to comply with these rules will lead to disqualification

The program is subject to change.

**Please send your registration form to:
(early registrations facilitate the organisation)**

<http://www.outrigger.ch> / info@outrigger.ch